

"Sport against discrimination" – international seminar for youth workers

Place		exchange duration			
City	Country	start	end	number of days	days for transportation
Gdańsk	Poland	7 kwiecień 2018	15 kwiecień 2018	8	1
program of activities					
schedule	activities				
<i>DAY 1</i>					
MORNING	Arrival of the participants; welcome dinner at 8 pm				
AFTERNOON					
<i>DAY 2</i>					
MORNING	Start of the seminary - presentation of the project's goals, short presentation of teams participating in the seminary, introductory talk titled: "Interculturalism in amateur youth sport"				
AFTERNOON	Discussion Panel 1: assistance in social integration by sport "youth from margins", which are in danger of radicalisation, from migrants and refugees societies; evening of good practice, part 1				
<i>DAY 3</i>					
MORNING	Workshops 1: building the relationships in intercultural group - methodology of meeting (integration games)				
AFTERNOON	Animated history lesson entitled: "Gdańsk - city of freedom and diversity" - visiting Lech Wałęsa European Solidarity Center				
<i>DAY 4</i>					
MORNING	Workshops 2: Anxiety in a group - how to fight stereotypes in a youth sport group				

AFTERNOON	Animated history lesson 2: "Never ever, say no to extremism" - visiting II World War Museum in Gdańsk; evening of good practice part 2
<i>DAY 5</i>	
MORNING	Workshops 3: intercultural education in sport - methodology of transferring knowledge by sport classes
AFTERNOON	A study visit in UKS Conrad
<i>DAY 6</i>	
MORNING	Workshops 4: Language animation in sport - methodology of assisting communication among the youth
AFTERNOON	Discussion Panel 5: intercultural sport events and methods of implementing intercultural pedagogy during the events; studying on the example of the amateur Antoni Reiter Judo Tournament, which is annually organized by UKS Conrad; study visit in UKS Conrad
<i>DAY 7</i>	
MORNING	Sightseeing Gdańsk together with a guide
AFTERNOON	a study visit in AWFIS in Gdańsku (University of Sport)
<i>DAY 8</i>	
MORNING	Preparing database together
AFTERNOON	Summing up debate, presentation of the program of sport-recreational activities with elements of judo, developed in the framework of the Erasmus+ project Youth KA2, "Young, active and health", Farewell Supper

DAY 9	
MORNING	Summary and evaluation of the project
AFTERNOON	departure of participants

The project involves the creation of an international seminary aimed at 35 employees and youth leaders from five countries of the program, which target is to provide the participants with instruments of intercultural education available in sport. These instruments should stimulate the process of integration amongst both ethnically and culturally diverse groups of young people. The seminary will also be used as a field for exchanging experiences between the NGO organizations in the area of dealing with extremism and hostility acts among the youth attending sport classes and sport events. Another seminary target is the exchange of good practice in the area of creating integration possibilities among ethnically and culturally diverse groups of young people participating in sport classes and amateur sport events. Project activities will focus on implementing the priority of the Erasmus + project for the year 2017, which is to call for the promotion of diversity, intercultural and interreligious dialogue, common values of freedom and tolerance. The target of the project is to equip 35 youth employees with the methods of intercultural pedagogy, which could be used during classes and sport-recreational events addressed to ethnically and culturally diverse groups of young people. During the realization of the project 35 persons working with youth in five countries of the program will become equipped in competence and methods of supporting the cognitive-integrational processes in the group. They will also be equipped with the mechanism, which will allow them to adjust the processes, so they can be tolerant, and respectful to every everyone. In the framework of the seminary the cycle of workshops is foreseen, which will bring the intricacies of intercultural pedagogy closer in respect of team building methodology. The topics of the workshops will stand as following:

- Creating relationships in an intercultural group - the methodology of meeting new people (integrational games)
- Group anxiety - how to defend the stereotypes in a group of young athletes
- No violence communication, (how to react in conflict situations)
- Mediations among an intercultural group - solving crisis situations in a group, prevention of formation of radical behaviours
- Linguistic animation in sport - methodology of supporting the communication between the youth.

Furthermore, expert discussion panels are foreseen, they will enable the exchange of good practice. Two study visits are also in the schedule, they will take place in places which work with intercultural youth people. During the seminary the coordinating organization will present, the developed and pre-tested (during the realization of the program called “Young, active and health”, financed by Erasmus +, Action 2 Strategic

Partnership in the area of the youth), program addressed to young people of recreational-sport classes, including the elements of intercultural education. By attending the seminary 35 employees and youth leaders will gain skills and competence in the area of:

- creating conditions conducive to mutual meetings, understanding, and dialogue among the youth during the international sport classes and sport events. During the seminary employees and leaders will gain knowledge in the area of:
- methods of stimulating integration as a part of a young group using instruments available in sport (e.g. integrational-recreational games) - methods of managing the group in crisis and conflict situations (in accordance with the rules of no violence communication)
- methods of supporting integration of the youth coming from different cultural societies, in particular sport sections - theoretical basics of building a team, managing the crisis in a team, and managing psychological aspects of social integration in a team - supporting the youth in creative process of critical thinking, done according to culturally diverse groups of young people, with which young athletes will have the opportunity to compete and practice together - methods of supporting the youth in communication as a part of intercultural society, giving the linguistic assistance, methods of managing minor crisis situations and explaining misunderstandings created during communication amongst the youth in such an environment
- methods of building behaviours such as: sympathy and openness as a part of group classes, which will be conducive to the integration process amongst all the group members, and wider - among local communities.

The realization of the project will contribute to growth of potential of partner organizations in the area of intercultural work with the youth. As a part of promoting the activities, the database will be created, it will contain instruments and good practice from the area of working in an intercultural youth environment.

Money for travel costs:

- Team from Spain – 360 euro/person
- other teams – 275 euro/person