



INFOKIT YOUTH EXCHANGE

P.L.A.Y.! PEER EDUCATION, LEARNING ACTION FOR YOUTH TROUGH SPORT

Get ready to spend 8 fabulous days in a full immersion of educational, dynamic and creative activities!

WHEN DOES THE PROJECT TAKE PLACE?

Youth Exchange: 19.08.2019 to 27.08.2019 (19.08.2019 and 27.08.2019 are arrival/departure days).

WHICH ORGANISATIONS ARE PARTICIPATING?

- a) ASSOCIAZIONE SPORTIVA IL MILANINO -ITALIA
- b) ASOCIACIA ZA RAZVITIE NA BULGARSKI SPORT – BULGARIA
- c) JURMALAS PILSETAS KAUGURU VIDUSSKOLA – LITVA
- d) UMETXEA SANDUZELAI – SPAIN

WHO CAN PARTICIPATE?

Each Country should have 10 youth participants and 2 team leaders present at the exchange.

The participants age is between 13 and 17 years old.

For the skype preparatory meeting, each partner association should have 1 team leader attending the SKYPE meeting (the date will be agreed between partners).

WHAT IS IT ABOUT?

Through sport, and in particular team sport, it is possible to create a "dialogue" on par with - and - among young people, sport is the main channel of communication in this sense, and one of the main tools that allows the non-formal learning. The "PLAY" project was born on these assumptions, an intercultural exchange that encourages the participation and inclusion of young people from different contexts, to offer the opportunity to broaden their horizons and become more aware of their role as European citizens, living an educational experience, far from their daily reality.

Among the main objectives:

- Spread the principles and primary values of sport as a lifestyle, a message of peace and equality that educates for tolerance and solidarity;

- Bringing young people closer to sport and promoting a healthier lifestyle;
- experiment coexistence in multicultural groups, identifying and managing the problems and resources that this entails;
- experiment with taking charge of the community;
- bring the participants into contact with different realities from which they are accustomed;
- Encourage the participation of young people and their growth as active citizens, responsibility and awareness of the importance of the need to respect the rules and respect others for the good functioning of civil society;
- Promotion of active citizenship in general and European citizenship in a specific way;
- Promote mutual understanding among young people from different countries;

WHAT ARE WE GOING TO DO?

We'll be doing all sorts of cool things! The working methods, include: ice breaking, energizing, team building exercises, individual and group activities, discussions, dance and creative workshops, cultural visits, preparation of materials for the realization of a final "European championship", making. We'll have multicultural nights where you'll get to learn more about other participating countries.

Cultural excursions and experience of beach life at the Garda lake ☺ are also planned.

Evaluation activities will be mostly carried out during the evening with individual activities and group activities. Dinner and after the dinner will be dedicated to deepen the knowledge through "traditional animation" by the partner-groups.

The daily timetable and the detailed program will be discussed together during Skype meeting .

SOUNDS AWESOME! WHAT DO I HAVE TO DO?

- ✓ **YOUTH EXCHANGE:** Select a group of participants aged between 13 - 17 (2 team leaders + 10 youth participants), balanced in gender and interested in the project topic. The deadline to communicate the participants' names is as soon as is possible, not later than July 20th , 2019 . To communicate the participants details, pls use the form in annex "Y.E. PARTICIPANTS".

As soon as you have the complete group of participants, please proceed with the booking the flight tickets and send us your travel information . Before to buy the flight tickets pls inform the project coordinator Irene Calzolari about the travel schedule, and wait for the confirmation .

Then:

- ✓ Organize national meetings for participants where you:
 - Introduce the project

- Prepare for the exchange: Before the exchange take place each group should do a preparatory activity who consist in the production of a creative presentation, which may take the form of a film / documentary about the “sport that makes the differences” in term of social inclusion, according to each partner group experience connected with their country;
- Prepare the “body maps” concerning expectation of participants (this activity will be explicated during the preparatory skype meeting). The body maps will be than posted on Facebook group.
- ✓ Join the Facebook group for this youth exchange - as soon as it will be communicate from the project coordinator.
- ✓ Promote the exchange in your country trough news paper article and/or trough facebook post. Send all these communication evidences to the project coordinator, Irene Calzolari, for the final report.

WORKING LANGUAGE:

English

WHAT ABOUT THE TRAVEL?

The closer Airport are:

- ORIO AL SERIO in Bergamo (Milano BGY) – www.orioaeroporto.it;
- *Aeroporto di Verona-Villafranca*, named Valerio Catullo - <https://www.aeroporto.verona.it/>
- Aeroporto Milano Linate
- Aeroporto Milano Malpensa

From these Airports to the venue place you have to take the Shuttle to the main train station and then take the train to DESENZANO DEL GARDA. We will pick you up there.

Following are general limits to be reimbursed for your round trip to Villanuova sul Clisi (Venue place), according to Erasmus Program, per participant and for group leader as well:

- LITVA: € 275,00
- SPAIN: € 275,00
- BULGARIA: € 275,00

Please have in mind that the travel costs can only be reimbursed if you provide us with all bills, tickets, boarding passes, so do save them and give them to us.

Also, please note that any expenses exceeding the set amount (flat rate per country) will not be covered.

WHERE WILL WE BE LIVING DURING THE YOUTH EXCHANGE?

The accommodations will be in the premises of the sports club of the Milanese association, located in a natural oasis.

The tennis tent will be equipped as a dormitory, the services are adjacent. There will be separated area male and female within the tennis tend.

For participants with special needs, accommodation will be available in the association's facility, within the sports club area. Most sports activities will take place in the well-equipped sports club.

IMPORTANT _Each participants need to bring: towels, bed linen, personal hygiene products.

INSURANCE

Personal and medical insurance are the responsibility of the individual participant. We will not be responsible for any loss of luggage, currency or personal effects, or any medical costs.

We suggest that each participants bring the European Sanitary Card in order to be safe in case of emergency.



WILL WE HAVE TIME TO EAT AT ALL?

Do not worry, the food will be great. Pls fill out the annexes with information about participants food restrictions, if any.

ABOUT GARDA LAKE

Lake Garda is the largest in Italy. Its wider part to the south is surrounded by morainic hills that were left following the glacier recession, while the narrow northern part is enclosed by the mountains that create its fjord-shape configuration and provide a very mild Mediterranean climate.

During the exchange you'll have the chance to visit some of the best places in Lake Garda :)



Should you need any further information, please do not hesitate to contact us!

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