

Erasmus plus, Key Action 1: Learning Mobility of Individuals (Youth Exchange)

“(RE) CYCLING FOR NATURE”,

2019-2-LT02-KA105-006412

DATE: 21 – 28 OCTOBER 2019, KLAIPEDA

Place: KLAIPEDA

Organization: PBL Institute



Participants: Total of 35 Participants in the project will belong to 6 different countries: SPAIN, ESTONIA, LATVIA, GREECE, POLAND, Bulgaria and LITHUANIA

Organizers

NGO “Problem-based learning institute” (PBL Institute) is public non-profit organization that aims to provide different educational consultancy in the sphere nowadays didactics in the settings of non-formal school, vocational, higher education. PBL Institute owns progressive paths in any kind of education realizing modern principles of nowadays education in terms of collaboration, contextually, self-direction and constructivism.

www.pblerasmus.com

About project

Project "(Re) Cycling for Nature" brings the new highly integrated conception of sport, healthy lifestyle, environment protection and active citizenship to the new level altogether. "(Re) Cycling for Nature" gives the new approach towards solving of the Environmental problems while cycling and recycling preserving urban and natural environment from different kind of pollution: air, waists; looking for a new approaches and measures on environmental education, civic engagement and healthy life being.

"(Re) Cycling for Nature" reveals the highly integrated conception of environment protection by organizing environmental actions while cycling a bike - particularly in the Baltic sea region, where environmental issues are at the highest importance. The project idea strongly focuses healthy lifestyle promotion, that's high supported by European. EU Health and Environment policy and its Health strategy (European environment policy until 2020) that highly promotes the following aspects of health policy:

- Prevention work - especially by promoting healthier lifestyles;
- Equal chances of good health & quality healthcare for all (regardless of income, gender, ethnicity, etc.);
- Safeguard EU citizens from environment-related pressures and risks to health and well-being;
- Turn the EU into a resource-efficient, green, and competitive low-carbon economy.

Seaside region of Baltic sea - seems to be a very nice example of "(Re)Cycling for Nature" because of rich Natural and Cultural heritage of this wonderful seaside infrastructure. Baltic seaside full of green areas within also it contains a number of famous objects of cultural heritage where non-formal educational activities on sport could be exercised: Kursiu Nerija, Smiltyne, Palanga, Klaipeda full of points of cultural and natural interests referring to Cycling infrastructure and educational activities. Despite this Baltic sea kept as one of the most polluted in the world therefore need bigger attentions, considerations and special measures (Source: <http://www.arc2020.eu/factory-farming-made-the-baltic-sea-one-of-the-worlds-most-polluted-seas/>).

During the programme we will explore major topics related to Environment protection and healthy life while doing sport in Nature:

- Environmental challenges for Baltic Sea;
- Nature protection in Kursiu Nerija;
- Cycling as sport and outdoors educational activity;
- Doing sport in urban area;
- Volunteering for preservation cultural and natural heritage in the seaside region;
- Environment protection and recycling issues in Klaipeda.

"(Re) Cycling for Nature" has a strong non-formal education character - it gives youth better understanding about benefits of a healthy lifestyle while cycling, acknowledge how to read value of local natural heritage in terms of preservation of forests, green areas, how to contribute to preservation of natural areas within the cities, suburban areas and local regions and how to start active volunteering in related organizations. Healthy life awareness and benefits of cycling together promoted in the project fostering of active community bringing and new ideas for realization through volunteering activities.

The AIM of Project - promoting of Youths' Healthy living habits by practicing cycling activities acknowledging local cultural and natural highlights and dealing with environmental issues in sea of Baltic region.

Project OBJECTIVES:

1. Give better insights for youth on healthy lifestyle and cycling as a tool for exploring of local natural and cultural heritage in the Baltic Sea region;
2. Provide insights on cycling-based learning a method for catalyzing the new pro-social ideas and bringing ideas to the practice;
3. Provide the new, innovative ideas for youth how to volunteer in local sport/environmental/cultural organizations;
4. Introduce youth to the conception of learning by doing losing xenophobic, discriminatory attitudes;

5. Creating of innovative projects for contributing to local communities preserving of local cultural, natural heritage and sports infrastructure for promoting active, healthy, culturally rich environment for youth and local communities.

Project Methodology - learning by doing (Dewey, 1958), that involves highly practical activities by learners exercising themselves acting together and learning from the practice. Cycling-based learning is at the heart of "Learning by doing" because of active learners' involvement in sports activities exploring local natural and cultural heritage for better understanding and contributions by volunteering in the local cultural, natural and sport infrastructure establishments.

PROJECT'S PARTNERSHIPS

Project was built regarding the three major criteria:

1. Educational sector;
2. Regional cohesion;
3. Previous experience working with partners in the project.

- Educational sector: all project's partners are from non-formal education sector - highly experienced in non-formal education organization with youth and youth workers.

- Regional cohesion: within this project we have even 4 partners (Estonia, Latvia, Lithuania and Poland), that bounded with Baltic traditions - in fact 3 Baltic countries included to target environmental topic in the project. This regional dimension of partnerships is very important - gives opportunity to go deeper into the topic and compare Baltic Sea environmental issues within different Baltic States.

- PBL Institute has a very good partnerships with most involved organization because they have been involved in the previous projects. Therefore all project's partners are well known; competence backgrounds, staff, capabilities, interests, dissemination and valorization capacities.

Every partner involved within the project brings specific professional background and competence needed for this project realization:

1. PBL Institute (Lithuania; Coordinating organization): this organization is a leader in the project, that brings advanced knowledge and experience in the field of Problem-based learning and Project-based learning and other non-formal educational approaches. PBL institute has very clear methodical framework of involving learners into group / team-based learning, therefore this experience will be useful for organizing non-formal educational activities of the exchange. PBL Institute has experience in organizing much related projects about Cycling (2018-3-LT02-KA105-006037) and promotions of physical and psychological health of youth (2016-3-LT02-KA105-005074). Therefore this project will grasp the best successful methodical fragments from previous projects as well as will integrate the new ones in the context of Baltic Sea regions environmental issues.

2. SEIKLEJATE VENNASKOND (Estonia): Estonian non-formal education organization, that have organized different youth exchanges, seminars and training courses concerning equality, fight against racism & xenophobia, human rights, mobility and migration, environment protection, healthy lifestyle, no hate speech movement, refugees and other issues. Estonia - one of Baltic Sea states, that brings northern traditions from preserving Nature and dealing with environmental issues in Baltic Sea. Therefore this partner will bring surplus value to the project - will be able to present Baltic Sea environmental issues from Estonia point of view and give insights of solving it.

3. NEOI ELLADOS SE EYROPAIKI DRASI (Greece): Non-formal educational organization, that works with youth and youth workers. It brings to the project of know-how on working with environmental issues in Mediterranean Sea and the region. This experience will be useful making comparison on pollution factor and environmental problem solving activities within two different regions of EU.

4. ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT (Bulgaria): organization of BULSPORT has a lot of experience in sport-based education methodology and healthy life promotion of youth. Therefore this organization will contribute with methodical insights how to do sport activities outdoors, in the green areas at the same time preserving local environment.

5. I LIKE CZERSK (Poland): polish organization of experiences activist in civil education, human rights protection, environment protection and non-formal educational methods for youth application. This organization brings experience and know-how on Baltic Sea environmental issues in the southern part of Baltic sea region. This region is full of industrial areas and shipping facilities therefore environmental problems here are very important issues to consider. This organization will bring know-how on involving local communities into an action.

6. ASOCIACION 217 SUR (Spain): Spanish organization of scouts will bring know-how of how to live with Nature in harmony: surviving in nature skills, preserving nature's qualities; living healthy life skills promotion. They will organize few educational games while cycling in little forests near the Baltic Sea (Kursiu Nerija and Palanga).

7. REGIONALAS ATTISTIBAS UN SOCIALO INICIATIVU ORGANIZACIJA PERSPEKTIVA (Latvia): Latvian organization of young activists has strong background in Geographical education. They have advanced knowledge on geography of Baltic region and environmental problems' understanding therefore they will be able make efficient presentations, organize some workshops for participants analyzing, researching environmental issues in the project. It also bring environmental protection understanding from Latvia, that is one of the three Baltic states in this region, that plays Pivotal role in Baltic sea regions economic and environment protection.

TARGET

The Youth Exchange is designed for volunteers, youth workers and professional workers who work directly with young people, youth workers and organizations who are interested nowadays didactical issues and approaches.

Number of persons per country: **5 persons per country. (4- Age 18-30 and 1 – 18- unlimited).**

PARTICIPANT'S PROFILE

- Youth participants of sending organizations, active youth workers and youth information workers.
- Capable of speaking, writing and understanding English at least at the medium level;
- Interested in the main topic of the exchange;
- Capable and willing to develop further projects.

WORKING METHODS

In our training we will use a non-formal learning method. This means that learning is based on the participants' experience, their motivation and their needs. During the training, methods of non-formal education and methods for ensuring the balance between theory and practice are used in the form of presentations, group work, workshops, games, role plays, exercises, etc.

PARTICIPANT COUNTRIES AND PARTNER ORGANIZATIONS

- PBL INSTITUTE, LITHUANIA;
- ASSOCIATION, SUR 217, SPAIN;
- I LIKE CZERSK, POLAND;
- SEIKLEJATE VENASKOND, Estonia;
- REGIONALAS ATTISTIBAS UN SOCIALO INICIATIVU ORGANIZACIJA PERSPEKTIVA (Latvia).
- NEOI ELLADOS SE EYROPAIKI DRASI (Greece);
- BULSPORT (Bulgaria).

TRAVEL

Arrival – 21 October, 2019

Departure – 28 October, 2019

Preferable airports /Coach Station:

Vilnius airport (<http://www.vilnius-airport.lt/en>)

Vilnius coach / train station

From Vilnius we will take you to the Klaipeda by special bus – all together

Before buying tickets – please send information to verify and confirm by us.

Buying of tickets allowed only from 01-08-2019

(I will inform you separately on purchasing once agreement with NA have been amended).

If you arrive before the date, please accommodate yourself. Some options for hostels:

Please reserve hostel (price varies from 10 euro / night/ person) in Vilnius centre, because you will be collected all and taken to the venue on 21 September (18.00) from Vilnius Centre (Central Cathedral, Tower Clock). Proposal for hostels (look at booking.com):

- 5 Euro Hostel Vilnius
- B&B
- Hostelgate
- Hostel Filaretai
- Sodu Hostel
- Hostel gate Privates.

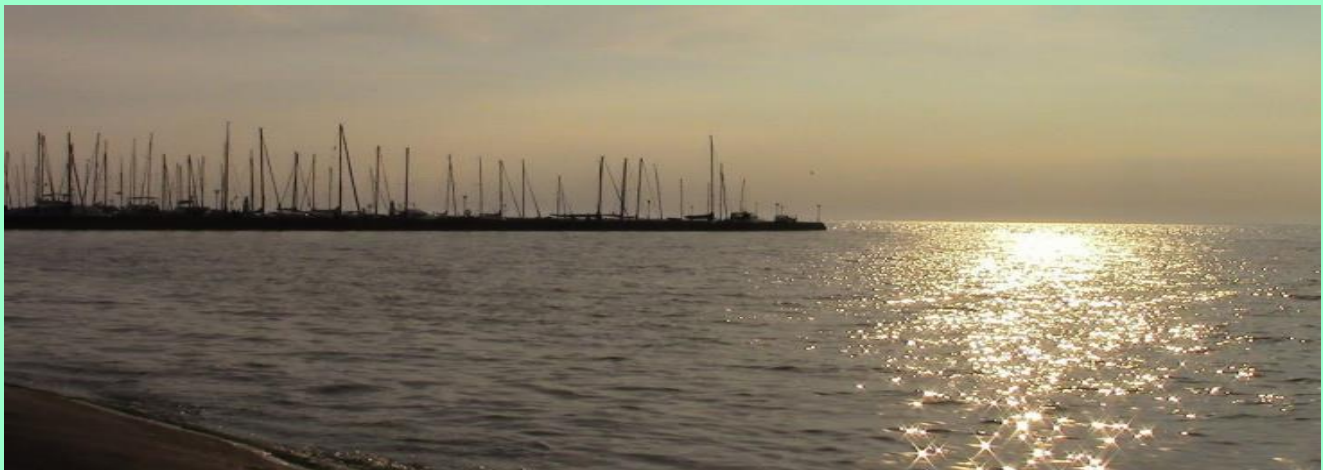
ACCOMODATION (Preliminary)

Sodyba „Gribžė“

Mokyklos g. 7, Gribžinių k., Klaipėdos r.

+37069300083

www.pirtiskaime.lt



PROJECT WILL COVER: TRAVEL, THE PROGRAMME, ACCOMODATION AND 3 TIMES PER DAY MEAL.

- Breakfast (Provided by farm);
- Lunch (Provided by farm);
- Dinner (Prepared by ourselves from locally produced vegetables and meat).

REIMBURSEMENTS

No.	COUNTRY/ AREA	DISTANCE, KM	MAXIMUM REINBURSEMENT FOR TRAVEL IN EUR.*
1	HUELVA (SPAIN) IN CASE TRAVEL FROM SEVILIA / FARO	OVER 3000	400
2	Czersk (POLAND) IN CASE TRAVEL FROM ANY POLAND LOCATION	UNTILL 500	100
3	Tallinn (Estonia) IN CASE TRAVEL FROM Tallinn	UNTILL 500	100
4	NEOI ELLADOS SE EYROPAIKI DRASI (Greece, Thessaloniki);	UNTILL 2000	250
5	REGIONALAS ATTISTIBAS UN SOCIALO INICIATIVU ORGANIZACIJA PERSPEKTIVA (Latvia).	UNTILL 500	100
6	BULSPORT (Sofia, Bulgaria)	Until 2000	275

*Reimbursed according factual expenses. Allowances reduced regarding market prices considering our local travel needs Vilnius-Klaipeda-Vilnius.

DOCUMENTS THAT MUST BE PROVIDED:

1. Boarding passes;
2. Travel invoices;
3. Payments (bank transfer sheets);
4. Taxi checks;
5. Public transport tickets.

IMPORTANT: please make sure you have all the documents with you once come. Try to do electronic check in to get backwards boarding passes before leave. All travel expenses will be reimbursed in case all required documents has been delivered in the right order. Money will be sent to sending institution's bank account. From Vilnius airport / Bus station you will be taken by minibus to Exchange location.

OTHER IMPORTANT INFORMATION:

- Please prepare for National night: bring some national food with you;
- Please make sure you have travel insurance; group leaders – travel and civil insurance;
- Every national group must prepare 3-5 icebreakers; be able to contribute to implementation of YEX programme actively;
- Equipment needed: smart phone (shooting pictures / videos).

INFORMATION NEEDED RULES

- YOU ARE EXPECTED TO PARTICIPATE FULLY IN ALL ACTIVITIES. UNAUTHORIZED ABSENCE FROM ACTIVITIES AND WORKSHOPS WON'T BE ALLOWED. WE WOULD REALLY APPRECIATE ENERGETIC AND ACTIVE PARTICIPATION.
- SMOKING IS PROHIBITED INSIDE OF THE BUILDINGS, SO ALL SMOKERS WILL HAVE TO LEAVE THE BUILDING IN CASE THEY WANT TO SMOKE A CIGARETTE.
- HEALTH AND TRAVEL INSURANCE: HEALTH INSURANCE WILL NOT BE PROVIDED OR REIMBURSED BY THE ORGANIZERS. ALL PARTICIPANTS

- ARE REQUIRED TO PURCHASE HEALTH INSURANCE INDIVIDUALLY, OR GET THE FREE OF CHARGE FORMULARY E-111; FROM YOUR NATIONAL SOCIAL SECURITY THAT COVERS MEDICAL COSTS AROUND EU MEMBER STATES (EUROPEAN HEALTH INSURANCE CARD).

Registration of participants:

Please register all participants to the online data base. By registering participant automatically accepts project's participants responsibilities enlisted in following:

1. Arrival and departing on time to the project venue;
2. Contributing to implementation of Exchange programme according project's partners' defined expertise;
3. Implementing projects dissemination in home country (1 web article and organizational meeting representing project).
4. Filling the final questionnaire and mobility tools report;
5. Providing all necessary financial and administrative documents (boarding possess, tickets, and invoices) needed for reimbursements of Travel costs.

Registration link:

https://forms.office.com/Pages/ResponsePage.aspx?id=UUqGQwxHFEOpOVe_McsROF7HescDf9pOj1xFiMYaANNUMTFIMEIaUjBKMEVWRzcxVDNYU0YzRldYQj4u

ACTIVITY PROGRAMME FOR A YOUTH EXCHANGE "(RE)CYCLING FOR NATURE"

Activity n°	A1				
Participating organizations	SEIKLEJATE VENNASKOND (ESTONIA); 217SUR(SPAIN); I LIKE CZERSK (POLAND); ASOCIACIA ZA RAZVITIE NA BULGARSKIASPORT (BULGARIA); YOUTHFULLY GR (GREECE);REGIONALAS ATTISTIBAS UN SOCIALO INICIATIVU ORGANIZACIJA PERSPEKTIVA (LATVIA); PROBLEM-BASED LEARNING INSTITUTE (LITHUANIA).				
Venue		Duration			
City/Town	Country	Start date	End date	Activity duration (excluding travel days)	Travel days
Klaipeda	Lithuania	21/10/2019	28/10/2019	6	2
Activity Programme					
Timetable	Activities	Non-formal and informal learning methods used			
<i>DAY 1</i>					
9.00-10.30	Introductory ice-breakers games with project participants	<p>The following Ice-breakers games for introductory purposes will be implemented:</p> <ul style="list-style-type: none"> - "Story of my name" (telling origins / interesting stories about names: Work in pairs and later both colleagues tell the each other story of names to general audience); - "Drawing of colleague faces: (drawing faces of colleague and asking audience to guess the personality); - Lining up according sequence of the first names letter / date without verbal information; - Blanket game (guessing names of participants, that are behind the blanket once quickly removed); - Making post box for each of participants, that will be used for giving secret remarks or compliments to the fellows during the week of activities. <p>All those activities are active games involving all participants either in pairs or groups that will help to break social boundaries among the participants, acknowledge each other better, lose shyness and start YEX programme successfully.</p>			

10.30-12.00	<p>Introduction to Youth exchange programme: presentation of (Re) Cycling for nature conception; introducing of activities day by day; instruction on programme attendance rules; safety issues.</p>	<p>Introduction to the programme will be implemented by showing slides and working programme, that will be implemented day by day; special visualization of each day of the programme will be prepared on the walls of meeting venue to memorize better each day activities. Safety rules and basic discipline presented as well as rules of Ethics will be created by group itself. Each partner's contributions to the programme analyzed; Each National group will plane to organize open learning spaces during cycling activities in Nature or Public areas in Seaside region.</p> <p>Introduction with Baltic sea region environmental problems;</p> <p>Aim: Introduction to Baltic region environmental problems: geography, scope of problems, environmental initiatives implemented within this region.</p> <p>Working methods: presentation, discussion, field-research (in the beach), experiment in laboratory; ice-breakers and energizers games Venue: Klaipeda department of environment protection (Klaipeda).</p>
13.00-16.00	<p>Introduction to the main activities of the project and benefits of healthy lifestyle in terms of active exercising by cycling: visiting Lithuanian Club of Travelers / Cycling association (Regional department) for exchanging ideas about cycling for non-formal educational activities;</p>	<p>Visiting Association of Cycling where participants will be introduced with history of organization; mission, vision. Participants, projects; cycling health benefits; interesting stories from daily activities of association. Participants will be introduced with the basic tips of cycling: clothing, biking attributes; different biking equipment's; biking peculiarities during different seasons. Open learning space will be organized by PBL Institutes representatives: discussion on "Cycling with Love" conception and philosophy.</p>
16.00-17.00	<p>Reflection groups: National reflection groups and final review implemented by leaders of the day summing up all the results of the day.</p>	<p>Reflection groups will be organizing at the end of the programme day. First all groups leaders will organize National teams where they will collect all the feedback from their participants, later on all leaders will gather to exchange feedbacks acquired in groups; teams of leaders will outline and summarize major outlines.</p>
<i>DAY 2</i>		
9.00-10.30	<p>Waking-up ice-breakers games with project participants</p>	<p>The following Ice-breakers / energizers games for energizing purposes will be implemented:</p> <ul style="list-style-type: none"> - "Ball game" (passing balls to the other persons: every person in the group must touch the ball; not allowed to throw ball to neighboring person); - "Two Leg chairs" (passing to neighboring person chair keeping it to the surface with only two legs moving in circle); - "Fruit Salad" (In circle exchanging chairs with other persons as quickly as possible; not allowed to sit on neighboring persons' chairs). <p>All those activities are active games involving all participants either in pairs of groups, that will help to break social boundaries among the participants, acknowledge each other better, lose shyness and start YEX programme successfully.</p>

10.30-12.00	Open learning spaces: healthy life conceptions using Problem-based learning approach	PBL sessions: drawing pictures in groups about healthy life conceptions connected to Nature. Participants divided in groups and draw pictures on healthy life conceptions; generating of actual questions what's is the most important to live healthy life; how search information about healthy life living and reflections of learning results.
13.00-16.00	Visiting Kursiu Nerija exploring natural heritage within and generating creative ideas for preservation of natural heritage using volunteering activities	Cycling in Kursiu Nerija: observing natural and cultural heritage of this seaside region and organizing several environmental actions on the way in Juodkrante and Alksnyne; Aim: To knowledge peculiarities in cultural and natural heritage of Kursiu Nerija territory acknowledging environmental threats for this region of Baltic sea. Working methods: Cycling, Beach presentation, field-based research, Practical workshop: research of particular eco-system, analysis of environmental and cultural heritage and its values within the territory; Venue: Kursiu Nerija Teritory (Klaipeda-Smiltyne-Alksnyne-Juodkrante). During the second day of cycling participants will be involved purely in outdoors educational activities trying to learn valuable marks of Kursiu Nerija. This territory is highly secured by environmental and cultural organizations, - less inhabited comparing to other regions of Baltic sea coast, and therefore participants will be involved into number field-research workshop implemented in dunes and beach researching particular ecosystems of plants and birds that lives within this area. During this day of the programme they will acknowledge the most valuables environmental characteristics that are preserved within this territory and will analyze biggest threats that come from the polluted sea and human action that come s from inland. This day will help understand of importance of preserving remote territories of Baltic sea its unique infrastructures of plants, birds and dunes. Participants will analyze sustainable humans' activities' possibilities within this territory.
16.00-17.00	Reflection groups: National reflection groups and final review implemented by leaders of thje day summing up all the results of the day.	Reflection groups will be organizing at the end of the programme day. First all groups leaders will organize National teams where they will collect all the feedback from their participants, later on all leaders will gather to exchange feedbacks acquired in groups; teams of leaders will outline and summarize major outlines.
<i>DAY 3</i>		
9.00-10.30	Waking-up ice-breakers games with project participants	The following Ice-breakers / energizers games for energizing purposes will be implemented: - Guess the leader (persons in circle going around and person in the middle of the circle must guess the leader who changes movements of the groups constantly); - "Group Performances" (Dividing participants in teams; groups generates ideas of performances and performs on particular idea connected to healthy life; reflection follows afterwards).
10.30-12.00	Open learning spaces: generating of conceptions of doing sport using Problem-based learning approach	PBL sessions: drawing pictures in groups about healthy life conceptions connected to Sport Participants divided in groups and draw pictures on personal meaning of sport; generating of actual questions what's is the most important in doing sport; how search information about doing sport and reflections of learning results.

13.00-16.00	Cycling in Klaipeda and Palanga seaside: acknowledging of preservation policies of green areas within.	Cycling to Palanga: observing natural and cultural heritage of this seaside region and organizing several environmental actions on the way (Giruliai and Karklė); Aim: Acknowledging environmental issues within Klaipeda-Palanga coast line. Working methods: Cycling, Beach presentation, field-based research, Practical workshop: research of particular eco-system, analysis of environmental and cultural heritage and its values within the territory. Projects participants will be introduced with existing ecosystems within this coast lines: dunes, plants, birds, human impacts. They will make field based research on particular ecosystem or cultural object finding out its significance for nature and cultural activities. They will explore and analyze major signs of water and environment pollutions within the territory.
1600	Reflection groups: National reflection groups and final review implemented by leaders of the day summing up all the results of the day.	Reflection groups will be organizing at the end of the programme day. First all groups leaders will organize National teams where they will collect all the feedback from their participants, later on all leaders will gather to exchange feedbacks acquired in groups; teams of leaders will outline and summarize major outlines.
<i>DAY 4</i>		
9.00-10.30	Waking-up ice-breakers games with project participants	The following Ice-breakers / energizers games for energizing purposes will be implemented: - Spaghetti challenge (Building towers from spaghetti in groups from pasta and tapes; Team building skills); - Tell the story of my way to happy and healthy life (Participants tells fascinating stories how did they start to do sport / healthy eating / healthy style of life).
10.30-12.00	Open learning spaces: exercising of Yoga for mental health	Special trainer will instruct participants on Yoga exercise for: - Promoting breathing techniques; - Promoting of concentration; - Peaceful thinking; - Promoting of mutual support in Yoga activities. Activities will help to promote general mental health of youth and different related techniques.
13.00-16.00	Environmental action at Klaipeda and Palanga beaches	Beach cycling for re-cycling: environmental action in Klaipeda-Palanga beach and dunes - collecting of waist (plastic bottles and packs) from the beach and dunes and giving it recycling; Aim: Proceed with environmental action in Palanga beach. Working methods: Field-based research; Collecting of waist and delivering to recycling company. There are supposed to be cleaned more than 10 kilometers of beach territory within this action.
1600-17.00	Reflection groups: National reflection groups and final review implemented by leaders of thje day summing up all the results of the day.	Reflection groups will be organizing at the end of the programme day. First all groups leaders will organize National teams where they will collect all the feedback from their participants, later on all leaders will gather to exchange feedbacks acquired in groups; teams of leaders will outline and summarize major outlines.
<i>DAY 5</i>		

9.00-10.30	Waking-up energizing games with project participants	The following Ice-breakers / energizers games for energizing purposes will be implemented: Playing basketball 5 against 5 - the torment. Instruction on rules; traditions in Lithuania. Trainer will introduce Lithuanian basketball personalities and traditions.
10.30-12.00	Presentation from Volunteering organizations representatives	Presentation from Tolerant Youth Organizations / Youth Organization "Help to Fit" /"Mothers and Childs" home and "Youth line": - Presentations of organizations; - Presentations of organizations; - History; - Activities projects; - Volunteering opportunities. Exchanging methodical information / getting the main tips for successful volunteering activities.
13.00-16.00	Environmental actions in Klaipeda city	Environmental action in Klaipeda city: visiting recycling company (Eco service Klaipėda, UAB) for preserving green areas within the city. Aim: Introduction to recycling organizations activities and environmental actions. Working methods: Educational excursions to Ecoservice Klaipėda, UAB: presentation, discussions; workshop of sorting of waist. Eco service Klaipėda, UAB will organize excursions for the participants within its facilities explaining how plastic, paper, glass waist being recycled and remade for second use. They will introduce withy educational, managerial and environmental aspects of their work.
16.00-17.00	Reflection groups: National reflection groups and final review implemented by leaders of the day summing up all the results of the day.	Reflection groups will be organizing at the end of the programme day. First all groups leaders will organize National teams where they will collect all the feedback from their participants, later on all leaders will gather to exchange feedbacks acquired in groups; teams of leaders will outline and summarize major outlines.
<i>DAY 6</i>		
9.00-10.30	Generating of project ideas for the future projects: problems, projects' framework, programming and selecting of partner; Methodical guidelines.	PBL Institute will instruct on how: To generate idea; Formulate problems; Search for information; Introduction to strategical documents of EU; Examples of filling application for "Erasmus+" programme.
10.30-12.00	Creative workshop on creating project ideas for preserving cultural, natural heritage; promoting mental health and sport activities of youth.	PBL for Environment protection in the Baltic sea region: creating environment protection projects according PBL methodology. Aim: Introduction to PBL methodic for tackling environmental problems. Working methods: PBL session: structuring, research, strategies compositions, reflections, self-evaluations and certifications. Groups of participants will be involved into creation of projects ideas for promoting of cultural, natural heritage sport and healthy life style activities. Creative workshops will be organized for this purpose. Presentation and reflection of projects ideas will be reflected afterwards.

13.00-15.00	Introduction to Erasmus plus programs and creating the projects for promoting of local communities cultural, natural, and sports infrastructures in project partners' countries	Introduction to Erasmus+ programme: K1; K2:K3 programmes; Presenting the most relevant and actual projects for nowadays youth in Europe. Presentation; creative workshop and discussion will be used to represent and reflect Erasmus+ programme.
15.00	Reflection groups: National reflection groups and final review implemented by leaders of the day summing up all the results of the day and whole week. Evaluation and Certifications	Final activities. Reflection groups will be organizing at the end of the programme day. First all groups leaders will organize National teams where they will collect all the feedback from their participants, later on all leaders will gather to exchange feedbacks acquired in groups; teams of leaders will outline and summarize major outlines. Evaluations and certification.

CULTURAL NIGHT

DON'T FORGET TO BRING SOME TRADITIONAL MUSIC FOR THE INTERCULTURAL EVENINGS!

WE WILL HAVE 2 CULTURAL NIGHTS WHERE 6 COUNTRIES WILL SHARE SPACE AND LIMITED TIME, WHERE THEY CAN EXPOSE THEIR CUSTOMS, CUISINE AND CULTURE. PLEASE!!! ALL TEAMS MUST PREPARE SOME PRESENTATION OF YOUR COUNTRY IN A CREATIVE WAY (TRY TO AVOID POWERPOINT AND MOVIES FROM TOURIST AGENCIES). WE HOPE, THAT YOUR CULTURE MEANS YOU SOMETHING MORE THAN NATIONAL FOOD AND DRINKS. ALSO BRING FLAG OR YOUR COUNTRY. IT WOULD BE NICE IF YOU BRING ALSO SOME SMALL SOUVENIRS WITH YOU (COSTS ARE NOT COVERED).

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